



Stillman Valley Wrestling

Registration for our 2017-18 season is October 16th at the Stillman Valley High School. The Stillman Valley Wrestling community works to promote interest in the sport of wrestling among our youth and parents of Stillman Valley and surrounding areas. We believe in teaching the strong fundamentals of competitive wrestling, while developing a cohesive team atmosphere with all local wrestling departments to give our youth a clear path to success from elementary school, through Junior High, High school, and even into college.

Wrestling is open to ALL kids 5-18 years old
When does practice begin?

- First full week of November for ages 5 – 14 Stillman Valley Wrestling Club.
Age is determined by their age on December 31st, 2017.
A copy of the child's birth certificate is required for all first-year wrestlers.
Registration Fee includes: SVWC Membership, USA Wrestling Card, and SVWC Shirt and Shorts - \$85.00 per wrestler -\$70.00 each additional child -\$100.00 Refundable Uniform Deposit, \$100.00 Refundable Volunteer Deposit
- Early January for 6th – 8th grade Meridian Junior High School
- First full week of November for 9th – 12th grade Stillman Valley High School
Register Online @ il.8to8.com/StillmanValley/. All athletes must be registered online and have a current physical turned into the office before they can practice.

For more information, you may call Jacob Crumpacker @ 719-761-2355, Todd Jennings @ 815-222-0344, or David Neeld @ 815-751-2856. You may also visit us on Facebook @ [facebook.com/SVWC1](https://www.facebook.com/SVWC1) or on our website @ www.stillmanvalleywrestling.com/ to learn more about our program and how your child may benefit from participating in what's known as "The World's Oldest Sport"!

"Once you've wrestled, everything else in life is easy."

Dan Gable - Olympic Gold Medal Winner and Wrestling Legend

It's NEVER too late to start...

Learning through experience can take time but it is reasonable to think that a season of wrestling can have a positive impact in at least one of the following areas with even the first-year wrestler.

- Self-Reliance
- Self-Discipline
- Self-Confidence
- Self-Respect
- Respect for Others
- Responsibility
- Work Ethic
- Competitive Spirit
- Goal Orientation
- Mental Toughness
- Drive and Determination

Sanctioned by:



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